

OPEN WIDE AND JUST ASK 'COULD IT BE SEPSIS?'

Sepsis is a life-threatening condition triggered by an infection anywhere in the body – including a dental or throat infection. **It kills 44,000 people a year in the UK, yet can be treated easily if caught early.** So if someone on antibiotics, or who has a fever or flu-like symptoms, becomes very unwell, always ask **'could it be sepsis?'**

ANY ADULT WHO HAS:

- S**lurred speech or confusion
- E**xtrême shivering or muscle pain
- P**assed no urine in a day
- S**evere breathlessness
- I**llness so bad they fear they are dying
- S**kin mottled or discoloured

ANY CHILD WHO:

- Is breathing very fast
- Has a 'fit' or convulsion
- Looks mottled, bluish or pale
- Has a rash that does not fade when you press it
- Is very lethargic or difficult to wake
- Feels abnormally cold to touch

**MIGHT HAVE SEPSIS:
CALL 999 AND JUST ASK 'COULD IT BE SEPSIS?'**

For symptom cards and information,
visit www.sepsistrust.org



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